



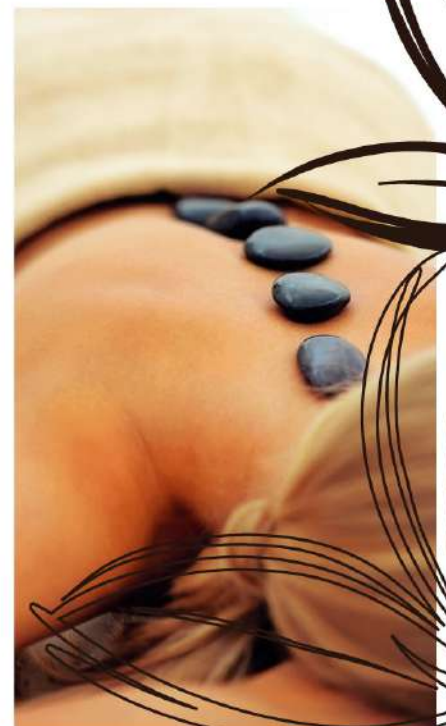
Oasis Spa

The name Oasis comes from the deserts of Africa...

..meaning a peaceful, flourishing place making a pleasant contrast to its surroundings, like an oasis of free time in the midst of a busy schedule & being your special time to indulge, pamper yourself, relax your mind and energize your soul in a natural environment.

Built only of wood, thatch and soothing water features the spa exudes a tranquil atmosphere. All treatments are in private rooms with open views to the ocean, allowing the waves to soothe you gently at the hands of our professional therapists and to soften your body and spirit to make you feel completely relaxed.

To add to this enchantment and make it an unique Zanzibar experience, we use many local natural ingredients especially prepared for you immediately in advance of your treatment of choice.





Spa Basics



Please arrive 15 minutes before your scheduled appointment. *Ensure that you have taken a shower, especially if you have been in the pool, the ocean or have applied sunscreen.*

You should wear whatever makes you feel comfortable. *A bath robe and slippers are provided in your private spa treatment room. You may wear your own underwear (not boxers for men) or we can provide you with hygienic disposable briefs. If you choose to wear your own underwear or decide to use your swimming costume, please ensure it is not wet for your own comfort.*

Please notify the Spa Manager or Therapist before booking your treatment if you have any symptoms to be noted. *Including high blood pressure, allergies, physical ailments, disabilities, any nervous system or respiratory disorders and if you are pregnant.*

We recommend that you to leave your personal valuables in your room safe before coming to the spa.

Arriving late will limit the time of your appointment. *Your treatment will end on time so that we do not delay the next guest. However, if there is no following booking we will do our best to complete the full duration of your treatment.*

The treatments you select are reserved especially for you, and no other treatment can be taken at the same time. *A 50% charge will be taken for treatments not cancelled with three hours advance notice.*

Treatments are available from 9:00 am – 6:00 pm
For reservation please call + 255 774 413321/3 Extension 173
E-mail spa@bluebayzanzibar.com

The Spa environment is one of tranquility and relaxation. Please respect the peacefulness and privacy of other Spa guests.

Kindly do not smoke, take alcohol or use your mobile phone within the Spa vicinity.

Thank you



Oasis Journeys



Harmony Couples Romance

This is a romantic time in the Oasis Spa where you can enjoy a pampering massage together to be free from tension, smoothe the texture of your skin followed by aqua therapy - a truly aromatic experience.

1:30 Hours

Wisdom of Zanzibar

Embrace and rejuvenate yourself with a traditional beauty secret of Zanzibar women. This exotic experience combines the nourishing benefit of Zanzibar Island spice body scrub followed by a cool yoghurt splash to restore your energy and a full body massage by using herbal oil to stimulate analgesic properties.

2:15 Hours

Safari Recovery

To recover from bumpy roads and hours of safari and those early morning starts, relax your muscles and mind, and enjoy the healing powers of warm Volcanic stones to the back of your neck with a shoulder massage to follow and the stimulating activity of foot reflexology followed by a variety of facial treatments.

2:15 Hours

Ayurveda Retreat

An ancient Indian therapy to calm your mind and balance your body composed of one or a combination of Dosha Vata (Air-Earth), Pita (Fire-Water), Khapa (Earth-Water) which helps blood circulation and energy levels. Pamper your mind and energize your soul with a steam bath ritual followed by an ayurvedic massage and Indian head massage.

2:00 Hours



Oasis Massages



Aromatherapy Massage

This is the most relaxing massage using aromatic blended oil. A combination of strokes and acupressure techniques enable this soothing and gentle massage to provide the healing properties of these natural oils to penetrate into the skin leaving your relaxed. The scent of massage oil will calm body and mind.

55 Minutes or 1:20 Hours

Swedish Massage

A classic in its own right, the Swedish massage provides an indulgent sense of relaxation. Pure massage oil combined with the five classic strokes - gliding, kneading, vibration and percussion movements designed to stimulate the nervous system, reduce muscle tension and energize the body.

55 Minutes or 1:20 Hours

Ayurvedic Massage

Ayurveda is an ancient art of Indian massage. Sanskrit in origin, the word "ayurveda" is a combination of two words - "ayur" meaning "life" and "veda" meaning "science of life." When you put the two together, you have an ancient Indian way of medicine. Ayurvedic therapists believe that it helps to increase circulation and energy levels as well as balance your mind, body and spirit.

55 Minutes or 1:20 Hours

Indian Head Massage

This is a rhythmic flow of invigorating Ayurvedic massage using warm coconut oil applied to the "Mama Point" on the head and neck while also restoring vital tranquilly. Excellent for insomnia, headaches and migraines.

30 Minutes



Oasis Massages



Deep Tissue Massage

This massage employs classic Swedish stroke techniques that work deeply into the muscles, stretching muscle fibre and releasing tension. It increases blood flow, thus improving circulation and speeding up the healing process of sore or pulled muscles.

55 Minutes or 1:20 Hours

Hot Stone Massage

This ancient healing art of hot stone massage is a variation on the classic massage therapy of smooth, flat stones which are placed on key points of the body. Lighter massage and deep penetrating heat from the stones will release muscular tension and create energy flow.

1:20 Hours

Traditional Thai Massage

This healing therapy has been taught, practiced and handed down through generations in Thailand for over 2,500 years. The massage combines acupressure and stretching techniques along the life energy lines to improve flexibility, stimulate blood circulation and relieve tension.

1:30 Hours

Thai Herbal Compress

The healing practice of Thai herbal compress therapy dates back nearly 5,000 years, "Luk Pra Kob". It induces deep relaxation, relieves stress and fatigue, boosts both emotional and physical well-being, and assists alignment and posture integrity of the body. It also improves circulation of blood and lymph systems as well as stimulates the internal organs. The hot compresses are ideal for alleviating pain, still sore or pulled muscles and ligaments. Also treats chronic back aches, arthritis, migraines as well as chronic stress or anxiety. The blend traditional Thai herbs used in these compresses has a relaxing and invigorating effect on the body and mind.

90 Minutes

Foot Reflexology Massage

An ancient Chinese massage which has been used for more than 3,000 years, this is a holistic foot massage that works on the reflex points of the feet which correspond to different organs of the body thus restoring balance, relieving stress and helping the body to heal.

50 Minutes

Back, Neck & Shoulder Massage

This tailor-made massage concentrates on the back, neck and shoulder areas particularly suitable after a long safari or to relieve that Jet-lagged feeling.

30 Minutes



Body Treatments



A body scrub is a beauty ritual which exfoliates the skin by removing dead skin cells. It leaves the skin feeling soft and smooth, while simultaneously assisting the body to flush away toxins, improving circulation and well-being.

Tropical Fantasy

Local full-body tropical delight. Sweet harmony exfoliation is the sensation. The fragrant tropical mix of mango, coconut and banana is used to moisturize and nourish your skin.

1:15 Hours

Exotic Papaya

Revitalize your senses with a full-body exotic exfoliation followed by the cooling and refreshing effects of a papaya enzyme body wrap to soften and rejuvenate your skin.

1:15 Hours

Zanzibar Indulgence

Deep cleansing and nourishing of your skin with the scent of orange peel blended with natural honey to exfoliate and polish with an anti-oxidant body rub of fresh carrots, rich in Vitamin A.

1:15 Hours

Aloe Vera Sun Soother

Anti-bacterial and energy tonic with the natural healing of Aloe Vera to alleviate burns and wounds from too much sun. Combined with mint yoghurt this will soothe your skin.

1:00 Hour



Oasis Facials



Recover and pamper your face with a purifying facial of natural ingredients from this tropical Island, including a light relaxing facial massage, leaving the skin feeling radiant and Oasis Spa beautiful.

Tropical Nourishment

A nourishing facial treatment with tropical fruit blended to regenerate the skin with the benefit of Vitamins to help calm and rebalance oil rich pores, revealing beautiful skin.

1:00 Hour

Papaya Honey Revival

Nurture your face with blended papaya and wild honey giving your face a natural sun-kissed glow. Honey has been long known for purifying oily skin and antioxidants help support the skin's ability to rejuvenate from UV damage from the sun.

1:00 Hour

Cucumber Soother

This facial treatment provides a deep cleansing, suitable for all skin types. The purifying scrub and natural cooling agents of cucumber, mashed to reduce heat and inflammation, also soothe the eyes.

1:00 Hour

Flower Power Age

Created with belief that nature has more than enough to offer us healthy and beautiful skin. Combine hydrating and age defying effects of organic Jojoba and Apricot Kernel oils, Pueraria mirifica (kwao krua) extract, Bio Cellulose coconut mask with sericin milk protein 1005 from nature and the pure science of aromatherapy using essential oils.

1:15 Hour

Beauty Treatments



Let the beauty of the Oasis Spa touch you from head to toe with a variety of hair dressing services, nail care treatments and waxing, all available here at our spa.

| | USD |
|--|---------|
| Express Spa Manicure 30 min | 25 |
| Spa Manicure | 35 |
| Express Spa Pedicure 30 min | 25 |
| Spa Pedicure | 45 |
| Shellac Color Extra 60 min | 20 |
| Shellac Color Finger nail + Toe nail 60 min | 30 |
| Extra charge for Flower on the finger 30 min | 5 |
| Extra charge for Flower on the full finger 30 min | 5 |
| Acrylic Extension 60 min | 40 |
| Acrylic Extension French color 60 min | 45 |
| Acrylic Extension (Tip + Acrylic) 60 min | 20 |
| Acrylic Extension Nail Remover + Condition 30 min | 30 |
| Acrylic Extension with Polish 90 min | 55 |
| Color Change | 5 |
| Eye Brow Shaping/Lip Wax | 10 |
| Under Arm Wax | 15 |
| Full Arm Wax | 20 |
| Bikini Line Wax | 15 |
| Back Wax | 25 |
| Half Leg Wax | 25 |
| Full Leg Wax | 35 |
| Brazilian Wax | 30 |
| Heena | |
| Heena painting Small 45min | 8 |
| Heena painting Medium 60min | 15 |
| Heena painting Large 90min | 25 - 35 |
| Hair Braiding | |
| Hair Braiding Small 30 mins | 10 |
| Hair Braiding Medium 60 mins | 15 |
| Hair Braiding Full 90 mins | 25 |

Treatment Price List



Oasis Journeys

| | USD |
|--------------------------------------|-----|
| Harmony Couples Romance - 1:30 Hours | 145 |
| Wisdom of Zanzibar - 2:15 Hours | 135 |
| Safari Recovery - 2:15 Hours | 150 |
| Ayurveda Retreat - 2:00 Hours | 130 |

Oasis Massages

| | USD |
|--|-----|
| Aromatherapy Massage - 55 Minutes | 70 |
| Aromatherapy Massage - 1:20 Hours | 90 |
| Swedish Massage - 55 Minutes | 70 |
| Swedish Massage - 1:20 Hours | 90 |
| Ayurvedic Massage - 55 Minutes | 75 |
| Ayurvedic Massage - 1:20 Hours | 95 |
| Indian Head Massage - 30 Minutes | 40 |
| Deep Tissue Massage - 55 Minutes | 70 |
| Deep Tissue Massage - 1:20 Hours | 90 |
| Hot Stone Massage - 1:20 Hours | 95 |
| Traditional Thai Massage - 1:30 Hours | 95 |
| Thai Herbal Compress - 90 Minutes | 95 |
| Foot Reflexology Massage - 50 Minutes | 45 |
| Back, Neck & Shoulder Massage - 30 Minutes | 45 |

Body Treatments

| | USD |
|------------------------------------|-----|
| Tropical Fantasy - 1:15 Hours | 80 |
| Exotic Papaya - 1:15 Hours | 80 |
| Zanzibar Indulgence - 1:15 Hours | 80 |
| Aloe Vera Sun Soother - 1:00 Hours | 60 |
| Body Scrub Only - 45 Minutes | 45 |

All prices are subject to change without prior notice. Treatments are available from 9:00 am – 6:00 pm.

Treatment Price List



Oasis Facials

| | USD |
|---|-----|
| Tropical Nourishment - 1:00 Hour | 70 |
| Papaya Honey Revival - 1:00 Hour | 70 |
| Cucumber Soother - 1:00 Hour | 70 |
| Flower Power Age - 1:15 Hour | 75 |
| Express Facial - 30 Minutes | 45 |

All prices are subject to change without prior notice. Treatments are available from 9:00 am – 6:00 pm.

