



DEVARANA  
SPA

## SIGNATURE PACKAGE

### **The Heavenly Nantha Garden Experience (2.5 hours)**

**USD 280++**

In the work of ancient Thai literature called Tribhumpharuang, Nantha was described as a garden situated at Heaven's gate, with magical flowers and herbs. Devarana Spa's signature treatment brings the divine Nantha Garden to life by mixing fresh tropical leaves grown on Mudhdhoo Island with aromatic blends of ylang ylang and jasmine to create a truly heavenly experience.

With the essence of flowers and herbs, this soothing treatment comforts your skin and uplifts your mind through the Devarana Bath and Devarana Body Scrub. Complete the unforgettable rejuvenation with the Devarana Massage that combines strong pressures of Thai, Ayurveda and Shiatsu techniques with Swedish and Aromatherapy influences for the ultimate in relaxation and pampering.

### **The Harmony of Tad Si-the Traditional Thai Medicine (2.0 hours)**

**USD 210++**

An ancient Thai therapy is based on the Buddhist teaching that the human body is composed of Tad Si or four elements of earth, water, wind and fire. Traditional Thai medicine also believes that diseases are caused due to two main reasons: first, an imbalance of the four elements in the body, and second that the mind is governed by 'ego' and ego leads to unhealthy emotions of attachment, aggression and obscuration that can disturb the body harmony.

The Harmony of Tad Si combines a Thai herbal compress dipped into aromatic oil tailored to each guest's body element, with Thai Massage, incorporating pressure point and stretching techniques to relax muscles, relieve soreness, promote circulation and stimulate the nerve meridians of the body.



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## MASSAGE (a la carte)

### **Ayurvedic Head Massage (60 mins)**

**USD 120++**

A traditional Ayurvedic oil massage for the head, neck and shoulders. Some of its many benefits include strengthening the hair roots, nourishing the scalp and releasing the flow of prana or energy through the entire body. Ideal for relieving stress and promoting a restful sleep.

### **Ginger Compress & Back Massage (60 mins)**

**USD 130++**

Focusing on the neck, shoulders and upper back, this massage places lightly steamed gingers on the back and lets their heating effect to relieve aches and pains as well as stimulating blood circulation. After the compress, soothing hand movements work into the muscle and soft tissue to relieve stress and tension.

### **Reflexology Foot Massage (60 mins)**

**USD 120++**

After cleansing the feet with a refreshing salt scrub, pressure is systematically applied to stimulate the nerve reflexes in the feet. These points correspond to all major body parts and organs, improving total body functioning and restoring balance and harmony to the body.

### **Aromatic Detoxified & Contoured Massage (90 mins)**

**USD 180++**

A light, calming massage using specifically formulated slimming oils to fight the accumulation of cellulite and water retention. Lymphatic drainage technique is applied to help the body eliminate toxins, followed by contouring massage to assist in body slimming. Highly recommended in combination with any detoxifying treatments.

### **Abhyanga Massage (90 mins)**

**USD 180++**

Warm aromatic oil is slowly poured along tense muscle lines while long stroke massage is performed with medium pressure to stimulate the circulation. Gentle pressure with circular movements is applied to mama points, helping to unblock 'prana' energy at the vital meridians. These Ayurveda techniques enhance deeper sleep at night, so you will be drifted into the deepest stage of relaxation and wake up energised. The massage also promotes a luminous complexion.

### **Devarana Signature Massage (90 mins)**

**USD 200++**

Exclusive to Devarana Spa, this unique massage combines strong pressures of Thai, Ayurveda and Shiatsu techniques with Swedish and Aromatherapy influences for the ultimate soothing and pampering experience. The signature massage comes together with a bowl of hot water with freshly sliced lime and orange for respiratory clearing.



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## MASSAGE (a la carte)

### Swedish Massage (90 mins)

USD 180++

This ultimate relaxing massage uses long, soothing strokes to induce relief from stress and tension, while stimulating blood circulation. Pressure can vary from soft to medium, in accordance to your personal preference.

### Traditional Thai Massage (90 mins)

USD 180++

The traditional Thai massage blends a strong and invigorating massage, using deep finger pressure point, with a passive body stretching to alleviate muscle fatigue and tension. Performed on Traditional Thai mattresses without oil, this full body massage reduces tension, improves flexibility and provides an excellent inner balance.

### Oil Massage of Choice (120 mins)

USD 220++

If you would like to try a combination of different massage techniques whether to relax, re-energize or address different problems of the body, a well-trained therapist will design a programme to suit your needs.

## BODY SCRUB (a la carte)

### Lavender Body Scrub (60 mins)

USD 135++

Lavender is not only remarkable for its aromatherapy benefits, but is also excellent for effective skin care. Enriched with natural vitamins and moisturizers, a lavender scrub induces relaxation with its soothing aroma, and at the same time gently cleanses, exfoliates and nourishes the skin, leaving your skin smooth, and velvety refreshed with a radiant glow.

### Green Tea & Seaweed Body Scrub (60 mins)

USD 135++

A moisturizing and detoxifying body scrub recipe singles out the healing property of green tea to protect skin from sun damage with excellent antioxidant property of seaweed, working as a mild detoxifier to stimulate skin toning and provide skin elasticity. Peppermint oil assists in relaxing and refreshing benefits. The end-result is skin so smooth, soft and invigorated.

### Mangosteen Peel Body Scrub (60 mins)

USD 135++

Known as the "Queen of the Fruits" for its many qualities and benefits, mangosteen peel contains generous amounts of antioxidant and antibacterial properties as well as condensed tannin to tighten skin pores, gently decrease wrinkle lines and prevent pimples. Soften skin and gives it a remarkably lovely glow.



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## BODY WRAP (a la carte)

### Algae & Caffeine Slimming Wrap (60 mins)

USD 145++

Seaweed extracts, essential oils and fresh coffee act to rematerialise the vascular and lymphatic systems, providing a highly effective treatment against cellulite. The high iodine content of this pack also helps to stimulate the metabolism, encouraging detoxification and aiding weight reduction.

### Blue Lotus Aloe Wrap (60 mins)

USD 145++

This ultimate soothing and rejuvenating body wrap blends the powder extract of blue lotus with aloe gel. Blue lotus helps to soothe, calm and strengthen skin protection against free radicals, while aloe gel seals in moisture and repairs the skin. The overall effect is that of equilibrium and a harmonious relaxed feeling.

### Thermo Caramel Sea Mud Wrap (60 mins)

USD 145++

Enriched with brown sugar-cane, mineral-rich sea mud wrap leaves your skin soft and your body feeling refreshed and invigorated. In addition to being a superb body beautifier, the mud also aids in the reduction of cellulite and is excellent for cases of fluid retention.

## BEAUTY TREATMENT (a la carte)

### Aromatic Manicure (60 mins)

USD 80++

A pampering treatment to restore beauty and suppleness of your hands and nails. Your hands are tenderly polished and nourished – the nails buffed to a healthy shine, or coated with the polish of your choice.

### Aromatic Pedicure (60 mins)

USD 80++

A classic pedicure to remove hard dry skin and beautify the feet and nails. Your feet are gently scrubbed and nourished - nails can be buffed to a healthy shine or coated with the polish of your choice.

## WATER TREATMENT (a la carte)

### Aromatic Thai Herbal Steam (30 mins)

USD 35++

Refresh your body in this gentle cloud of steam filled with the aroma of fresh Thai herbs. Ideal before a massage, or anytime to cleanse the skin, clear the lungs, promote the circulation and invigorate the body.

### Luxury Coconut Milk Bath (30 mins)

USD 55++

For all skin types, this romantic coconut milk bath, filled with fresh coconut leaves, creates harmony and an unforgettably relaxing sensation. It soothes the emotions whilst softening and nourishing your skin, leaving it feeling silky smooth and lightly scented with a classic floral island fragrance.



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## FACIAL (a la carte)

### Marine Whitening Facial (60 mins)

USD 150++

Whitening Sublimate Mask combines AHA, vitamin E and chlorella seaweed to stimulate and protect your skin. It helps to purify, brighten, comfort and make your skin radiant, your complexion luminous. Finish with whitening day cream to protect your skin from UV ray.

### Replenishing Marine Facial (60 mins)

USD 150++

A mineral-rich facial designed to rehydrate and replenish the skin, leaving it gloriously renewed. Using several different kinds of seaweeds with aromatic oil and plant extracts, this wonderful treatment from the sea comes complete with a pampering hand massage.

### Sensible Essence Facial (60 mins)

USD 150++

Specifically designed for those who have sensitive skin, this gentle facial uses natural products derived from flowers, excellent for preventing skin irritations as well as stimulating cell repair. A gentle mask is applied to sooth and nourish the skin. Your skin is left feeling soft and silky.

### Hyaluronic & Collagen Facial (90 mins)

USD 190++

Mildly acidic, this facial wonderfully moisturizes skin while collagen visibly reduces fine lines and wrinkles, providing you with a very natural kind of facelift. A potent new formula to re-energize and restore the youthful potential of the skin- visibly young-looking complexion is yours in no time at all.

*\*Pre-purchase 3 treatments and receive 4th complimentary treatment.*

### Algotime Renewal Facial (90 mins)

USD 225++

The luxurious anti-aging formulation from Brittany Sea, 'ALGOGENE<sup>[4]</sup>' is the combination of brown and green seaweed helping for the reduction of wrinkles, redefining the facial contour, and decreasing the dark spots. In this marine luxury treatment, the mineral-rich peel off mask is applied to allow marine active ingredients to penetrate deeper into the dermis. Marine life serum enriched with 'ALGOGENE<sup>[4]</sup>' is generously applied together with eye target gel to complete this perfect treat. After only a single treatment, the immediate result is a very soft and smooth younger looking skin with a radiant glow.



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## REVIVAL RETREAT FOR MEN (a la carte)

### **Salt Glow Scrub for Men (60 mins)**

**USD 135++**

Body scrub recipe expertly combines long esteemed aromatic healing properties of aromatic mint oil with mineral sea salt, in effect to revitalize your skin and calm your mood, leaving your mind clear with surprisingly bright creativity. It's a promise of skin that's smooth, firm and healthy.

### **Revival Sea Facial for Men (60 mins)**

**USD 150++**

Recommended for skin care that keeps men looking healthy and handsome, here's a refreshing facial using seaweed, aromatic oil and plant extracts, precisely tailored for men, to deeply cleanse the skin, enhance the moisture balance and restore natural radiance, for that fresh and revitalized appearance.

### **Manicure for Men (60 mins)**

**USD 65++**

Improve the health and appearance of your hands and nails with a rich mineral marine scrub. Nails are shaped and cuticles are groomed to perfection with the application of fresh grass scented lotion at the end.

### **Pedicure for Men (60 mins)**

**USD 65++**

This revival pedicure offers a foot and leg polish using the purest mineral sea salt, followed by nail and cuticle care. The session is completed with the application of fresh grass scented lotion to feet and calves.

### **Skin Fitness Programme for Men (3.0 hours)**

**USD 375++**

This deep cleansing treatment includes a full body scrub using the purest mineral sea salt to remove worn-out skin cells and reveal a radiant and healthy complexion. The signature deep- tissue Devarana Massage works on relieving tension and stretching muscles. Complete the skin fitness programme with a Revival Sea Facial for Men for a healthy, glowing look.



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## DEVARANA SPA FOR KIDS (a la carte)

*(Available for 6 to 14-year-old children accompanied by a parent at all time of treatment)*

Devarana Spa For Kids menus offer a play time of glamour and natural healing. All treatments are carefully designed for children and teens to have fun while learning from the pampering experience incorporating energy balancing and pure relaxation.

### Happy Feet (60 mins)

USD 85++

Relieve tired and weary feet from swimming and snorkeling with peppermint foot soak, followed by a jolly foot massage using cheery green grass scented lotion.

### Lavender Lullaby (60 mins)

USD 85++

This calming and balancing head treatment starts with warm lavender oil hair mask and ends wonderfully with a relaxing Ayurvedic head massage to promote sweet dream at night.

### Magical Massage (60 mins)

USD 95++

Mix your own magic potion from the exquisite selection of aromatic oils. Then use it for the ultimate relaxing massage from top to toe.

### Pretty Sweet Hands (60 mins)

USD 55++

Indulge in the sweetest pampering starting with chocolate & caramel hand wrap, followed by a hand massage using floral-scented lotion and a mini manicure. Pick your favourite glittering and island dream nail colours for the perfect beach chic style.

### Spalicious Treat (90 mins)

USD 115++

The yummiest body treat for young souls. Spoil your body and mind with a total flavourful and unwinding journey that begins with a warm chocolate milk foot soak, followed by a soft lavender coconut cupcake rub, and ends delightfully with a mellow oil massage.



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## PAMPERING PROGRAMME

### Living Radiance (2.0 hrs)

USD 230++

Restore the skin's natural radiance with a body scrub that exfoliates and smoothes the skin, followed by a 90-minute body massage, using natural essential oil blends.

### Devarana Touch of Heaven (2.5 or 3.0 hrs)

USD 290++ / 320++

Our most popular package. A heavenly relaxing combination of a 60 or 90-minute facial and a 90-minute body massage provides a sense of renewal for face and body.

### Ultimate Glow (3.0 hrs)

USD 360++

Tailored for those seeking healthier and clearer complexion and a stress free body. Indulge with a facial and body scrub, and complete the pampering with a 90-minute massage.

### Half Day Harmony (5.0 hrs)

USD 500++ per person

USD 960++ per couple

Luxuriously designed to give you an ultimate relaxing experience. Start with an aromatic Thai herbal steam, floral bath, body scrub, a 90-minute massage, a 90-minute Facial and Reflexology Foot Massage.

## SUN-SEA-SAND DELIGHT PROGRAMME

Holidays are time for shorts and bikinis and sunbathing on the beach. To ensure that every inch of your body is glowing with health, try our signature selection of Sun-Sea-Sand Delight programmes. You are buffed and totally ready for the beach.

### Mudhdhoo Body Bliss (3.0 hrs)

USD 340++

A luxurious way to ensure that your skin is ready to soak in the sun and sea breezes, the Body Bliss uses the indigenous ingredients of Mudhdhoo Island. With the essence of native herbs and plants, this treatment rejuvenates your skin through a Sugar and Coconut Scrub, Honey and Papaya Body Wrap and a Virgin Coconut Oil Massage with aromatic frangipani scent for a blissful beach day.

### After Sun Reviver (3.0 hrs)

USD 320++

After your Sun-Sea-Sand holiday, heal and restore vital moisture to your damaged skin with Sun Soother Bath, soothing Blue Lotus Aloe Wrap and finishing with a Swedish Massage. Significantly reduces peeling and leaves skin feeling refreshed and comfortable and looking radiantly silky.





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## SPA & WELLNESS JOURNEY

### Daily Sanctuary

Select from a wide range of massage and body scrub options, and begin recharging your body with the two-hour Living Radiance Programme. Continue the pampering with a 90-minute massage of your choice on the following days:

**3 Days USD 510++**

**5 Days USD 780++**

**7 Days USD 1,000++**

### Couple Hideaway

This multi-day spa retreat for two starts its first day with the three-hour Ultimate Glow Programme and continues the pampering with a 90-minute massage of your choice on the following days (prices are per couple):

**3 Days USD 1,270++**

**5 Days USD 1,750++**

**7 Days USD 2,150++**

### Body Detox

Flush the environmental toxin out of your body, this programme is designed to eliminate toxins and to maintain optimum health, energy and vitality.

**3 Days USD 400++**

**Day 1:** 90-minute Detoxified & Contoured Massage

**Day 2:** 60-minute Foot Reflexology Massage

**Day 3:** 30-minute Thai Herbal Compress and 60-minute Swedish Massage.

**5 Days USD 580++**

**Day 1:** 90-minute Detoxified & Contoured Massage

**Day 2:** 60-minute Foot Reflexology Massage

**Day 3:** 30-minute Thai Herbal Compress and 60-minute Swedish Massage.

**Day 4:** 90-minute Abhyanga Massage

**Day 5:** 60-minute Ayurvedic Head Massage



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## SPA & WELLNESS JOURNEY

### Weight Management

This programme combines with specialized spa treatments focused on body cleansing, detoxifying, water retention, lymphatic system and boosting energy levels. To help you build an inner balance and healthy look.

#### 5 Days USD 680++

**Day 1:** 60-minute Algae & Caffeine Slimming Wrap and included 20-minute Soothing Head Massage

**Day 2:** 30-minute Algae & Green Tea Scrub and 90-minute Detoxified & Contoured Massage

**Day 3:** 30-minute Thai Herbal Compress and 60-minute Swedish Massage

**Day 4:** 60-minute Reflexology Foot Massage

**Day 5:** 90-minute Hyaluronic & Collagen Facial

#### 7 Days USD 960++

**Day 1:** 60-minute Algae & Caffeine Slimming Wrap and included 20-minute Soothing Head Massage

**Day 2:** 30-minute Algae & Green Tea Scrub and 90-minute Detoxified & Contoured Massage

**Day 3:** 30-minute Thai Herbal Compress and 60-minute Swedish Massage

**Day 4:** 60-minute Reflexology Foot Massage

**Day 5:** 30-minute Thai Herbal Steam and 60-minute Ginger Compress & Back Massage

**Day 6:** 90-minute Algotime Renewal Facial and included 20-minute Soothing Head Massage

**Day 7:** 90-minute Devarana Signature Massage / Abhyanga Massage

### Total Rejuvenation

Customized to help you renew, relax and rejuvenate for an overall greater well-being. Total rejuvenation program offers skin revitalizing, toxin removal, stress & tension relief, and jet lag recovery.

#### 3 Days USD 470++

**Day 1:** 60-minute Ginger Compress & Back Massage

**Day 2:** 30-minute Body Scrub of Choices and 90-minute Devarana Signature Massage

**Day 3:** 60-minute Replenishing Marine Facial and 30-minute Relaxing Foot massage

#### 5 Days USD 785++

**Day 1:** 60-minute Reflexology Foot Massage and 30-minute Signature Back Massage

**Day 2:** 30-minute Body Scrub of Choices and 90-minute Devarana Massage

**Day 3:** 90-minute Hyaluronic & Collagen Facial

**Day 4:** 60-minute Dead Sea Mud Wrap and 60-minute Swedish Massage

**Day 5:** 60-minute Ayurvedic Head Massage

#### 7 Days USD 1,200++

**Day 1:** 60-minute Reflexology Foot Massage and 30-minute Signature Back Massage

**Day 2:** 30-minute Body Scrub of Choices and 90-minute Devarana Signature Massage

**Day 3:** 60-minute Ayurvedic Head Massage

**Day 4:** 60-minute Thermo Caramel and Sea Mud Wrap and 60-minute Detoxified & Contoured Massage

**Day 5:** 90-minute Abhyanga Massage

**Day 6:** 90-minute Algotime Renewal Facial and included 20-min Soothing Head Massage

**Day 7:** 30-minute Thai Herbal Compress and 90-minute Traditional Thai Massage / Swedish Massage

*Devarana Spa at Dusit Thani Maldives*

*All prices are subject to prevailing government tax and 10% service charge.*

*Effective August 1, 2019*



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#### **Arrival Time**

Please check in at Spa Reception at least 15 minutes prior to your scheduled appointment. Arriving late will result in a reduction of treatment time.

#### **Cancellation Policy**

Because treatments are reserved especially for you, appointments cancelled with less than 6 hours notice will incur a cancellation fee of 50% of the reserved treatment price. The full reserved treatment price will be imposed for a “no-show”.

#### **Gift Certificates**

Gift Certificates for spa treatments and retail products are available for purchase.

#### **Payment**

Cash and all major credit cards are accepted.

#### **Refund**

Spa treatments and spa memberships are non-refundable, non transferable and non-exchangeable unless otherwise stated.

#### **Spa Protocol**

We kindly request that mobile phones be turned to silent mode and that noise be kept to a minimum to allow all guests to enjoy the serenity of the spa. Children under 15 years are not permitted in the spa. Smoking and consumption of alcohol in the spa is not allowed.

#### **Special Considerations**

Before undertaking spa treatments, please consult your health practitioner if you have any medical conditions such as high blood pressure, heart condition or any other medical complication. Guests are asked to complete a health questionnaire. Please advise reception if you have any health issues or concerns.

#### **Contact Lenses**

We recommend you to remove your contact lenses before your facial treatment. Please bring your own case and solution for lenses.

#### **Valuables**

Jewellery and valuables may be placed in secured drawers in treatment rooms; however we recommend that no jewellery be worn in the spa. The management accepts no responsibility for the loss of money or valuables brought in to the spa.

#### **Accidents or Injuries**

Devarana Spa shall not be liable for any accident or injury suffered by any member or guest.

#### **Extra Time**

We offer private changing and showering facilities in each of our treatment rooms. In addition to your treatment time, we allow 15 minutes for changing and showering. Extra time is charged at USD 30 for each 15 minutes or part thereof. Please let us know in advance if you require extra showering or changing time so that we may reserve your room.

